

New Convenient Packaging!
Same Amazing Taste and Nutrition!

12 Single Serving Packs

LIVING FUEL COCOCHIA[®]

The Ultimate Snack Fuel Mix

Delicious Blend of Organic Raw Coconut, Chia Seeds and Probiotics

SUSTAINED ENERGY

LOW GLYCEMIC

RICH IN OMEGA-3 & MCT'S

GREAT SOURCE OF SMART FATS & FIBER

PREBIOTICS & PROBIOTICS



COCOCHIA is a blend of two powerful superfoods – organic coconut and chia seeds. **COCOCHIA** is lightly sweetened with TheraSweet[®], Living Fuel's proprietary low glycemic sweetener with live probiotics. It's the perfect healthy snack!

The Power of Coconut

For centuries, coconut has been known as a vital food source for excellent health and general well-being. Coconut is rich in lauric acid, believed to have anti-microbial properties. Coconut contains medium-chain fatty acids. Unlike other types of fatty acids, these are used readily by the body to make energy, supporting the production of ATP (Adenosine Triphosphate). Our low temperature, organic coconut is prepared utilizing a proprietary process which helps lock in the rich flavor.

The Power of Chia Seeds

Nearly one thousand years ago, chia seeds were used by the Aztecs as food for energy, endurance, strength and good health. It was common for a tribesman to run for 24 hours on a tablespoon of chia seeds and a gourd of water. Today, chia seeds are grown organically in South and Central America. These tiny seeds are one of nature's perfect foods containing essential fatty acids (nature's best vegetarian source of Omega 3 alpha linolenic acid), protein, soluble fiber, protective antioxidants, minerals and vitamins.

TheraSweet[®]

TheraSweet is a combination of all-natural ingredients with a sugar-like taste and texture. Comprised of xylitol, tagatose, glycine and live micro-encapsulated probiotics, TheraSweet is low-caloric, has virtually no glycemic index and has beneficial therapeutic properties. TheraSweet is a prebiotic and probiotic sweetener that contains, per teaspoon, about the same amount of probiotics as two cups of yogurt.

Suggested Uses

COCOCHIA is great as a snack on-the-go, convenient in lunchboxes, briefcases and purses. Try **COCOCHIA** before, after or during a workout, game or competition. Add **COCOCHIA** to smoothies, yogurt, oatmeal, ice cream, salads or trail mix, or enjoy **COCOCHIA** right out of the packet!

Nutrition Facts

Serving Size 24.5g (2 tbsp.)

Calories 139

Servings Per Container: 12

Calories from Fat 95

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat** 12g	18%	Total Carb. 10g	3%
Saturated Fat 9g	43%	Dietary Fiber 5g	20%
Cholesterol 0mg	0%	Sugars 2g	
Sodium 7mg	0%	Sugar Alcohol 3g	
		Protein 2g	

Vitamin A 0% • Vitamin C 0% • Calcium 4% • Iron 4%

Ingredients: Organic Raw Coconut, Whole Raw Chia Seeds and TheraSweet[®] (Xylitol, Tagatose, Glycine, Stabilized Micro-Encapsulated Probiotics)

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Smart Fats - Rich Source of Medium Chain Triglycerides (MCTs) and Omega 3 ALA



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Exclusively manufactured
for and distributed by
Living Fuel, Inc. Tampa, FL

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